

The management of neck disorders

Gwendolen Jull
Division of Physiotherapy
The University of Queensland
Lapland
April 9th -11th 2008

Wednesday 9th April

8.30am -11.30 am

Lecture: The diagnosis and management of neck disorders – a move away from a pathoanatomical model

17.00 – 20.00pm

Practical session: The physical examination and conservative management of cervical spine disorders. A multimodal approach will be emphasised.

Thursday 10th April

8.30am – 11.30am

Lecture: The differential diagnosis and management of cervicogenic headache

17.00 – 20.00pm

Practical session: The physical examination and conservative management of cervical spine disorders (continued).

Friday 11th April

8.30am -11.30am

Lecture: Whiplash associated disorders.

17.00 – 20.00pm

Practical session: The physical examination and conservative management of cervical spine disorders (continued).

Therapeutic exercise for cervical disorders

**Gwendolen Jull
Division of Physiotherapy
The University of Queensland
Monday 14th April
Helsinki**

9am -10.30 am

Lecture: Muscle dysfunction in cervical disorders – the evidence base

11am-12.30 pm

Practical session: The clinical assessment and management of cervical muscle dysfunction

12.30-1.30 pm

Lunch

1.30-16.00 pm

Practical session: The clinical assessment and management of cervical muscle dysfunction (continued)

Lecture: The effectiveness of the management approach